

**Pulmonary  
Fibrosis  
Awareness  
Month** SEPT 2025

Every  
**step** counts

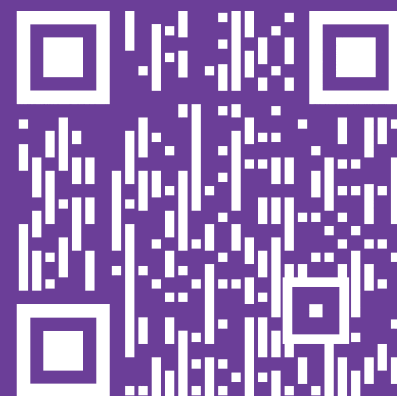
**Meg, Wales** – living with hypersensitivity pneumonitis, a form of pulmonary fibrosis (PF)

“I’m taking it one step at a time but a diagnosis like this has given me a lot of control and power over my life.”

Join our campaign today

Every  
**breath**  
counts

Read Meg’s story, share yours and donate to help fund life-changing pulmonary fibrosis research and support.



**everybreathcounts.co.uk**

01733 839642   info@actionpf.org   www.actionpf.org



Charity Commission England & Wales Registered Charity Number: 1152399  
Scottish Charity Regulator Number: SC050992



**Action for  
Pulmonary Fibrosis**

